EDITORIAL



If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward."

- Martin Luther King Jr

Excellence is not a skill, it's an attitude. Productivity is never an accident. It is always the result of a commitment to excellence, intelligent planning, and focused effort. It is according to the saying that it is only through raising expectations and striving for excellence that our wards can reach their full potential, we the Sarahs move ahead on the right path to achieve full potential in the academic, creative, physical and spiritual development, so as to become empowered and worthy citizens capable of nurturing the society and the nation.

REOPENING

On 3rd Dec 2018, Dr. Jeyarani, who is a Medical Practioner,

Conference speaker and also a **lyricist** conducted the prayer in the reopening day of the new semester.

The Institution witnessed a gala day on 22nd December, 2018, when the students celebrated X'mas with a pompous and colourful cultural show. Rev. V.H.L. Billy, the Vice Chairman, TDTA gave the message and blessed the gathering. Mr. Vedanayagam, Lay Secretary, TDTA felicitated the gathering. Competitions such as X'mas tree decorations and Santa claus were conducted on 20th December, 2018 respectively. The sweet Carols that reverberated in the campus filled the hearts of everyone with heavenly bliss and enthralled the audience on 19th December, 2018.



X'MAS CELEBRATION



PONGAL CELEBRATIONS

Thamilar Thirunal – Pongal was celebrated on 21st January 2019 with the traditional spirit by making the students get involved enthusiastically in competitions like Kabaddi, Uriadithal and Lemon and Spoon Race.

ACADEMIC ENHANCEMENT

An additional batch in **UG Mathematics**, **English and a new course PG History** in self finance stream was started this year. The department of Computer Application was upgraded as a research department during this academic year.

The Republic Day was celebrated with patriotic fervour on **26th January 2019**. **Dr Nalini Mabel**, Associate Professor and Head of the Department of Botany, hoisted the National Flag and gave the Republic day speech.



REPUBLIC DAY





The Board of Studies for all the departments, met on 06th December, 2018. The Academic Council meeting was held on 20th December, 2018 to evaluate academic progress and assess academic affairs. The Examination Committee and the Award Committee met on 03rd January, 2019 to scrutinize the examination matters and suggest ways to sustain and improve the quality and

standard of education. The finance committee met on 07th March 2019.

The members of the Pathfinders club presented their views on topics such as Verdict on Indian Penal Code Section 377: An outlook, Plastic Ban –Awareness among citizens of Tirunelveli, Benefits and defects of the genetically modified crops, Valentine's day: The Contemporary ways of celebration,



Industrialization: A key to eradicate unemployment, Women achievers 2018: An overview from dynamic perspective, Quality of Education. The members of the club enacted a skit on the title: Voting Awareness among Students.

SARAH SALES

'The Sarah Sales' was organized on 02nd February 2019 to raise funds to support the economically marginalized students in the college and 242 students were benefited.

AWARENESS SHORT FILMS

Sadhanai, an awareness short film was shown for the students on 07.01.2019. A special film "Vannathupuchigal" was also shown to create awareness on women empowerment among the students.

As part of the Village Adoption cell activity, an Orientation programme for using Unnat Bharat Abhiyan (UBA) app and Swachatha was held on **01.03.2019** for all the faculty members. A Training programme on Computer automation for non teaching staff was held from **21.01.2019** to **08.02.2019**. **110** Non teaching faculty were benefitted. Training for the faculty members for using ICT- Smart Board was given on **05.02.2019.** Orientation for the faculty members to prepare for NAAC was held on 24.01.2019. Peacesoft software solution gave a training for the faculty members to update the college website on **10.01.2019**.

GRADUATION DAY





ORIENTATION PROGRAMME





Dr. (Mrs.) Pandiammal, Regional Joint Director of Collegiate Education, Tirunelveli was the chief guest of the Graduation Ceremony of our college on 16th March, 2019. She insisted the graduates to start contributing for the enhancement of the quality and excellence of the institution.





- Mr. Joby from EVS educational Trust Coimbatore gave a talk on Career Motivation and Career Guidance
- A Seminar on"கிரிஸ்கவ இலக்கியத்தில் முக்கமிம்" was organized on **21.02.2019**.
- Women Empowerment seminar, was organized on 11.04.2019
- A Seminar on "Biotechnology and Immunological **Techniques'** was organized on **22.01.2019**
- A seminar on "Women safety and guidelines for adoption" was organized on 27.03.2019
- Redeems19 a National Conference was organized on 01.02.2019
- A Workshop on " How to Create You tube Videos and Earn Through You tube channel" was conducted on 22.03.2019.
- Gender stratification in the Modern Era for adoption " was the theme of the National Conference on 10.04.2019.
 - A workshop on "Dynamics of simple non-autonomous
- **National** Workshop on "Molecular **Biological** Techniques" was organized on 25 & 26.2019
- A National Seminar on "Women Empowerment and Social Media Ethics" was organized on 28.03.2019.
- A Seminar on "The values of an individual soul and the importance of food science and nutrition in Current Scenario" was organized on 11.12.2018.
- A Seminar on "Vedic Mathematics" was organized on 29.03.2019.
- A workshop on "Instant Maths 19" was organized on 22.03.2019.

Our faculty members were recognised at national and international level and were awarded for their contribution to Bangkok. Dr. Jeyapraba won "Asiriyar Semmal Award"

the educational and other social sectors. **Dr. J. Shakina**, won the Best Teacher Award conferred by RACE-2019, and Dr. Selva Ponmalar got Women Inspirational Achiever award.



AWARDS & RECOGNITION



Mrs. Jasmine Lois Ebenezer, Ms. Jai Ruby, Dr. Managala Sundari and Miss. Ancy received "Perasiriya Ratna Award.". Mrs. S.Nirmala, Mrs. Cynthia and Mrs. Jenefa won the "Best Teacher award". Miss. Ancy won Kalvi Gnani, Kalai Mamani Viruthu, Tamil Oli Viruthu and "Perasiriya Ratna Award".

COLLEGE DAY

College Day was celebrated on 29th March, 2019. Mr. Durairaj, Partner, Diamond Sea Food Exports, Tuticorin was the Chief Guest. Mr. Byju, Lay Secretary, Kanyakumari Diocese, was also present to grace the



occasion. A colourful cultural Programme brought out the latent talents of the students.

COUNSELLING PROGRAMME

Personal counselling was organized on 30.03.2019 for the Final year UG students of all programmes.

Rev. Selvaraj. J, Mrs. Esther Beulah, Mrs.

Periyanayagi, Mrs. Padmini and Mrs. Kavitha were the resource persons. On the same day, a Personality Development programme was organized



for the Final year UG students. **Dr.Dorathi Chandra, Associate Professor of English,Rani Anna Govt. College** was the resource person. For the Final year PG students a special programme "**Home Builders Meet**" was organized and it was led by **Mrs. Hannah Alex, Counsellor, MUT, Ottanchathram.**VARIOUS DAYS OBSERVED

- A rally was convened on **International Women's day** to mark the empowering position of women in the society. **Jc.S. Harikrishnan**, **Managing partner**, TANISHQ, world of Titan and Titan eye plus inaugurated the Rally . **Jc.HCF. Muralitharan** president, JCI, Palayamkottai collaborated the rally.
- World Forest Day was celebrated on 21.03.19 and World Water Day was celebrated on 22.03.19. Chart making competitionwas conducted and a lecture was delivered about Save Our World.
- An exhibition on Waste Management was conducted. Students made paper plates, Leaf plates, Bamboo bowls and exhibited.

Drawing, Elocution & Essay writing competitions were conducted on **03.10.2018** - "SAY NO TO PLASTICS" campaign was organized.

NSS Programme officers took initiatives to celebrate Voters day on 25th Jan 2019 in our college campus by the NSS in charges.
 Importance of casting votes was specified to the volunteers as per the communication from the collectorate.



• In view of the **International white cane day** the students council contributed Rs.7500/- for the welfare of the visually challenged people and

got the outstanding award for the best service.

- Matru Bhasha Diwas was celebrated on 24.02.2019 to honour the mother tongue. Elocution, Singing and Essay Writing competitions were conducted.
- In view of the **Flag Day**, the students council contributed Rs.20,000/- for the welfare of Ex-serviceman and the dependents of those who had laid down their lives for our country.
- National Science Day was organized on 28th February 2019. Various competitions were held.



• To build healthy student community, an awareness programme

AWARENESS PROGRAMMES

on "Sanitation and Menstrual Hygiene" in collaboration with Junior Chamber International (JCI) was organized on 08.03.2019. A healthy talk on personal hygiene and especially women hygiene during menstrual period was given to the students. AIDS Awareness programme was organized on 14.02.2019. Mrs. Mari, the Project Manager of Peace Trust, Tirunelveli delivered a talk on the transmission and prevention of aids.

- Mrs.Manvizhi, Project Manager and Field Counsellor, Centre for Peoples Education, Pavoorchathiram counselled the students and directed them "how to live a disciplined and hygienic life and what is their role in the society".
- The college level sub-committee meeting was held on 27.03.2019 in the Principal's office. Dr. Usha
 Godwin, Principal, Dr.S.Selva Pon Malar- YRC Programme Officer, Mrs.J.Sinthia Judi, Senior
 Assistant Professor of Food Science and Nutrition, K.Kishwar Fathima III B.Sc Zoology and
 C.Abisha, II B.Com were selected as the committee members.
- A one-day workshop on Effective Public Speaking (EPS) was organized by Junior Chamber International, Palayamkottai on 30.03.2019 at Hariz Seminar Hall, Palayamkottai. The Inaugural address was delivered by Dr.S.Selva Pon Malar, YRC PO under the title "Optimistic Speaker". The Pilot faculty JC PP.Nila Arumugam and the co-faculty JC S.Jauna Goldie trained the participants through motivational programmes.
- To support the aids affected children's education, our students liberally contributed **Rs.13,567**/ which was handed over to the **Nellai Sutram**, Palayamkottai on 18.02.2019. B.Aiswariya of III BA English, P.J. Grace Paul Sweety of III BA Tamil, Anita of II BA Economics and Sowndarya of II BA English actively volunteered to collect the money from the students for the benefit of the aids affected children in the society.



• A one day orientation programme for YRC POs was held on 30.01.2019 at MS University. Dr. S. Selva Pon Malar, the YRC PO participated and shared the activities carried out by STC Youth Red Cross Club.

• **Dr.Charli Prem Kumar**, chairman of YRC, Tirunelveli delivered a talk on health care. K. K. District YRC organizer **Dr.Williams** delivered a talk on importance of YRC activities and the role of YRC POs. **Mr.V.Subramaniam**, Liaison officer pointed out the importance of blood donation as well as organ



donation. Sanitary napkins were supplied to the children staying in Mercy home, Murugankurichi on 13.12.2018.

- On **7th February 2019** under the guidance of **Dr. Rama Swathic, Mrs. Muthulakshmi**, Health Supervisor in urban health part of perumalpuram and **Mrs. Sahayarani**, Urban health nurse, gave speech on health issues and importance of **Deworming**. The awareness was given to NSS volunteers and the deworming tablet were given to the whole college through volunteers.
- The project Mission "Clean Thamirabarani" was awarded National Water Award for RIVER REJUVENATION.
 Thousands of volunteers under the leadership of the





Tirunelveli district collector took part in the Thamirabarani river cleaning project which was a great success. A special meeting was organized on **5th March 2019** to honour all those who

worked for **Mission Clean Tamirabarani**. Our NSS volunteers were part of it and were honoured.

NCC

On **24th January 2019** Weapon Training was held in our college premises for NCC cadets. On **19th March 2019** Firing Practice was held in St. Johns School Ground in which **55** cadets participated.



STOGA

All the Departmental Units of STOGA observed various days like Indian Republic Day (26th Jan), International Women's Day (8th March), Human Rights Day(10 Dec) and World Wild Life Day (3 Mar). Various competitions like Drawing, Painting, Essay Writing, Oratory, Poem writing, Art



out of waste, Dance and Singing were held to bring out the talents of the students. Seminars, Discussions and Debates with eminent scholars were organized to create awareness among the youth and to honour World Day of Water (22 Mar), Violence against Women (25 Nov), World Cancer

Day (4 Feb), Mother Language Day (21 Feb), World Blood Donor Day (14 June) etc.

The Senior Sarahs liberally contributed to the welfare of the underprivledged like the AIDS affected children, orphanage and TB patients. As usual Annual STOGA Day was celebrated in Chennai, Bangaluru and Newyork.

INNOVATION AND INCUBATION CENTRE

Through the **Incubation Center**, students gain hands-on-experience in innovation and entrepreneurship while being nurtured and encouraged by faculty, management and industry experts. The Department of **Food Science** motivated students to establish small scale industries in **chocolate making**. The **Department of Zoology** and **History** trained the students to make **Fancy Jewels** and the students sold those jewels to the student fraternity and the faculty. The **Department of Botany**, taught students to



make herbal oil and herbal soaps and the students sold them in Sarah Sales, conducted by the college on February 8th, 2019. On March 8th, 2019, in view of Women's Day, Innovation and Incubation Centre, conducted an Exhibition by our young Sarah Entrepreneurs. The Exhibition was inaugurated by the college Secretary Er. P. Samson Paulraj and headed by Principal, Dr Usha Godwin and Vice Principal Dr Jebamalar Winces.

124th College day was celebrated on 29.03.2019 function. The office bearers of TDTA attended the function. 47 students from various departments

performed a variety of cultural programs like **Bharathanatiyam**, **Folk Dance**, **Western Dance and Punjabi Dance**.

Vellathai participated in the 26th Junior National Fencing Championship held at, Punjab. Five Hockey players Archana Devi, Muthu Lakshmi, Kaveri, Durachi Kutty and Mano Selshiya participated in the Senior Inter District Tournament held at Anna Stadium, Palayamkottai from 3rd to 5th January 2019. Two students M.Abirami and M.Vellathai from I B.com were exempted from paying the tuition fees.

CAREER GUIDANCE AND PLACEMENT

An MoU was signed with ICT Academy and Amazon Web Services. 770 students were benefitted by the skill development programme conducted by the Prathanmanthri Kaushal Kendra Program (PMKK), a Central Government initiative program. They were given training in hardware, Telecom instore promoter, mobile repairing, field technician computer peripherals, retail & sales, beautician etc under the programme. Mr. Jainul Sammem from Cloud Tower Technologies gave a speech on 15.02.2019 on "Career Guidance" for all the final year students.

A "Personality Development" programme was organized for all the students by Rexona Academy. On Dec 6th 2018, a motivational workshop was conducted for science students and 327 students were

benefitted. ICT Academy conducted "Career Counseling Programme" on 19th February 2019 towards a bright future (Skill Shaathi)" where 1126 students participated. Skill Saathi is a part of Skill India. During this



event, about 26 volunteers of our college enrolled the details of our college students for various placement and counselling activities.



Third Batch of **Bosch Bridge Employability Skill Development Programme** was conducted. **25** students participated. Our college **become nodal center for the Bosch Bridge**. **25** students enrolled in the first batch of **MEPSC**, sponsored by BOSCH.

In CLR NEEM recruitment camp by Rising Start Mobile India Private Limited 375 students were placed. In 20th March 2019 Simha Mobile Assembly, a Chennai based company conducted a job recruitment at our college. A total of 10,900 salary plus incentives was promised. More than 674 students were employed by this company. On 25th March 2019, Alicante Technology, a ITES company Chennai conducted a recruitment drive.



QUIZ CLUB

In the Interdepartmental Quiz finals Miss Amrutha of II BA English won the first place, Ms Emima of II BA English won the second place and Miss Muthulakshmi of I BSc Chemistry and Abinaya of III BSc Maths won the third place. Miss. Sathya Vellammal of III BSc Mathematics and Miss. Yogavardhini of I BA History won a cash award of Rs.1000/-.in the State Level Quiz competition held at Pope's College, Sawyerpuram on 28th February 2019. Miss. Jothi Lakhsmi of III BA English won a cash award of Rs. 2000/- and Ms. Kanagalakshmi won a cash award of Rs. 1000/- in the quiz competition held at St. Josephs college, Kalakad. Our students Rajalakshmi,





Muthumari, Ananthi won the rolling trophy in the quiz competition.

SARAH'S STEPS

Collaboration with Karna Vidya Foundation, Chennai was done for a certificate course on Basic Computers and Employability skills for the visually Challenged in the academic year 2019-2020.

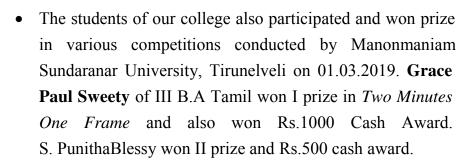
 A motivating counselling session was organised for the physically challenged students on 20.03.2019. Dr. Kanchana, Head of the Department of Commerce had a session with the students.



ROTARACT CLUB

- An awareness programme was held in the Centenary Auditorium of Sarah Tucker College.
 Dr. N. Kalyani of Rajapalayam made an inspiring awareness speech on women health issues.
- The Rotaractors contributed snacks for the students in the orphanage run by **Shonali Bindre's** family, one of our Rotaractors of III B.A. English(R).

competitions conducted by FX Engineering College,
Vanarapettai. D. Sowndarya, A. Sharon Gnana Suji,
Chelsiya Agnes, Blessy Jenita Graslin, Melba
Dheboral, S. Gayathri won II prize in Mime
competition.(26.02.2019.)



The valedictory function of the students' council took place on





VALEDICTORY DAY

02nd April, 2019 and Dr. B.William Dharma Raja, Head of the Department of Education,

Manonmaniam Sundaranar University was the Chief Guest. The Association Reports of various clubs and cells were presented by the **PUBLICATIONS** respective Association Secretaries.

Department	No of Publications	
Tamil	15	
English	16	
Economics	4	
Commerce	5	
Physics	18	
Chemistry	8	
Botany	3	
Zoology	3	
Food Science	2	
Computer Science	2	
Nano Science	1	
PG Zoology	1	

PRESENTATIONS

Departments	International	National
Tamil	4	6
English	-	4
Economics	4	-
History	-	4
Physics	-	10
Chemistry	4	2
Botany	2	4
Zoology	2	1
English S/F	5	3
Maths S/F	1	1
Physics S/F	1	5
Food Science	2	-
Computer Science	5	-
BCA & MCA	10	-

Let us thank God Almighty for His enduring grace and guidance all through this Year of Proficiency.

Chief Patron : Er P. Samson Paulraj, Secretary

Patrons : Dr. Usha Godwin, Principal

Dr. Jebamalar Winces, Vice Principal

IQAC Coordinator : Dr. L. Jeya Prabha,

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The only person who is educated is the one who has learned how to learn ...and change - Carl Rogers